

## IGNOU REGIONAL CENTER BHUBANESWAR

DECE-001 COUNSELLING SCHEDULE (SWAYAM PRABHA)
DD SWAYAM PRABHA CHANNEL 13; Time 05:00 PM to 06:00 PM

SL	SUBSCRIB DATE	E:"ignouso COURSE	e" CHANNEL FO BLOCK	OR YOUTUBE LIVE TITLE	RESOURCE PERSON
NO		CODE	DLOCK 1	THE EXPERIENCE OF CHILDHOOD (UNIT 1)	DR. FAKIR MOHAN SAHOO
2	26-SEP-25 29-SEP-25	DECE-1	BLOCK 1	BASIC CONCEPTS IN CHILD DEVELOPMENT AND PRINCIPLES OF DEVELOPMENT (UNLT 2 AND UNIT	DR. FAKIR MOHAN SAHOO
3	30-SEP-25	DECE-1	BLOCK 1	NEEDS AND RIGHTS OF CHILDREN (UNIT 4)	GOPAL KRISHNA NANDA
4	01-OCT- 25	DECE-1	BLOCK 1 AND BLOCK 2	IMPORTANCE OF PLAY IN DEVELOPMENT AND PRENATAL DEVELOPMENT AND CARE (UNIT 5 AND UNIT 6)	GOPAL KRISHNA NANDA
5	03-OCT- 25	DECE-1	BLOCK 2	PHYSICAL, MOTOR AND SENSORY DEVELOPMENT AND COGNITIVE DEVELOPMENT: THE EMERGENCE OF THOUGHT (UNIT 7 AND UNIT 8)	
6	06-OCT- 25	DECE-1	BLOCK 2	LANGUAGE DEVELOPMENT: BEGINNINGS OF SPEECH AND SOCIO-EMOTIONAL DEVELOPMENT: THE EARLY RELATIONSHIPS (UNIT 9 AND UNIT 10)	DR. FAKIR MOHAN SAHOO
7	07-OCT- 25	DECE-1	BLOCK 2 AND BLOCK 3	PLAY ACTIVITIES FOR FOSTERING DEVELOPMENT AND PHYSICAL AND MOTOR DEVELOPMENT: INCREASE IN MOBILITY AND CONTROL (UNIT 11 AND UNIT 12)	DR. PARIK MOTHER, S. MAC

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8	08-OCT-	DECE-1	BLOCK 3	COGNITIVE DEVELOPMENT: TOWARDS MENTAL	GOPAL KRISHNA NAMOANI
	25			REPRESENTATION AND SYMBOLIC THINKING AND	
				LANGUAGE DEVELOPMENT: FROM WORDS TO	12
	a			SENTENCES (UNLT 13 AND UNIT 14)	O'DOLL.
9	09-OCT-	DECE-1	BLOCK 3	SOCIO-EMOTIONAL DEVELOPMENT: EXPANDING	GOPAL KRISHNA NANDA
	25			RELATIONSHIPS AND THE EMERGING SELF AND	
		1		PLAY ACTIVITIES TO FOSTER DEVELOPMENT	
				(UNIT 15 AND UNIT 16)	
10	10-OCT-	DECE-1	BLOCK 4	DEVELOPING PHYSICAL STRENGTH AND MOTOR	GOPAL KRISHNA NANDA
	25			COORDINATION AND DEVELOPING COGNITIVE	
*			8.1	ABILITIES AND UNDERSTANDING CONCEPTS (UNIT	199
		8.		17 AND UNIT 18)	
11	13-OCT-	DECE-1	BLOCK 4	ENHANCING LANGUAGE SKILLS AND SOCIAL	DR. FAKIR MOHAN SAHOO
	25			RELATIONSHIPS AND CHILD-REARING (UNIT 19	
				AND UNIT 20)	
12	14-OCT-	DECE-1	BLOCK 5	FOSTERING MOVEMENT AND MOBILITY AND	DR. FAKIR MOHAN SAHOO
	25			EXPLORING THE ENVIRONMENT (UNIT 21 AND	
×.		*19-		UNLT 22)	
13	15-OCT-	DECE-1	BLOCK 5	DEVELOPING COGNITIVE ABILITIES AND	GOPAL KRISHNA NANDA
	25		AND	CONCEPTS OF EMERGENT MATHEMATICS AND	
			BLOCK 6	FURTHERING ORAL LANGUAGE (UNIT 23 AND UNIT	
				24)	
14	17-OCT-	DECE-1	BLOCK 6	SUPPORTING DEVELOPMENT OF EARLY LITERACY	DR. FAKIR MOHAN SAHOO
	25			AND FANTASY, DRAMATIC PLAY AND	
æ				STORYTELLING (UNIT 25 AND UNIT 26)	

15	21-OCT-	DECE-1	BLOCK 6	STORY NARRATION AND SUPPORTS FOR	DR. FAKIR MOHAN SAHOO
2	25	11		STORYTELLING (UNIT 27)	e e
16	22-OCT-	DECE-1	BLOCK 7	ART FOR CHILDREN (UNIT 28)	GOPAL KRISHNA NANDA
	<b>2</b> 5				* *
17	23-OCT-	DECEN1	BLOCK 7	RHYTHM: MUSIC AND MOVEMENT ACTIVITIES	GOPAL KRISHNA NANDA
	25	/* ÿ		(UNLT 29)	8.
18	24-OCT-	DECE-11	BLOCK 7	NURTURING CREATIVITY (UNIT 30)	GOPAL KRISHNA NANDA
	25	\(\frac{1}{2}\)		- 9	
19	27-OCT-	DECE	BLOCK 8	PLANNING THE CURRICULUM (UNIT 31)	DR. FAKIR MOHAN SAHOO
	25				
20	28-OCT-	DECE-J1	BLOCK 8	SETTING UP AND RUNNING AN ECCE CENTRE	DR. FAKIR MOHAN SAHOO
	25			(UNIT 32)	
21	30-OCT-	DECEM	BLOCK 8	INVOLVING THE FAMILY AND THE COMMUNITY	GOPAL KRISHNA NANDA
	25	, d		(UNIT 33)	
22	31-OCT-	DECE31	BLOCK 8	ASSESSMENT AND EVALUATION (UNIT 34)	DR. FAKIR MOHAN SAHOO
	25				



REGIONAL DIRECTOR

द्धाः एम.कं.दाः\ाr. M.K. Dash वरिष्ठ क्षेत्रीय निदेशक / SR. REGIONAL DIRECTOR इ.स.रा.मु.वि. क्षेत्रीय केंद्र / IGNOU Regional Centra सी-१,इन्स्टीच्युशनल एरिआ / C-1, Institutional Area भुवनेश्वर / Bhubaneswar-751013



## IGNOU REGIONAL CENTER BHUBANESWAR

DECE-002 COUNSELLING SCHEDULE (SWAYAM PRABHA)
DD SWAYAM PRABHA CHANNEL; Time 01:30 PM to 02:30 PM

SUBSCRIBE:"coelive" CHANNEL FOR YOUTUBE LIVE

SI	Date	Course	Block	Theme of the Session	Resource Person
No		Code			
1	01-Oct-2025	DECE-002	BLOK-1	The Concept of Nutrition and The Concept of Health (UNIT-1 and	Ritanjali Pradhan
	/			UNIT-2)	
2	03-Oct-2025	DECE-002	BLOK-1	Indicators of Health and The Macronutrients-I: Carbohydrates and	Ritanjali Pradhan
			and BLOK-2	Water (UNIT-3 and UNIT-4)	
3	6-Oct-2025	DECE-002	BLOK-2	The Macronutrients-II: Proteins and Fats and The Micronutrients-I:	Ritanjali Pradhan
		1		Vitamins (UNIT-5 and UNIT-6)	
4	7-Oct-2025	DECE-002	BLOK-2	The Micronutrients-II: Minerals (UNIT-7)	Ritanjali Pradhan
5	8-Oct-2025	DECE-002	BLOK-2	Planning Balanced Diets (UNIT-8)	Ritanjali Pradhan
6	9-Oct-2025	DECE-002	BLOK-3	Meal Planning for Pregnant and Lactating Women (UNIT-9)	Ritanjali Pradhan
7	10-Oct-2025	DECE-002	BLOK-3	Health Care during Pregnancy (UNIT-10)	Ritanjali Pradhan
8	13-Oct-2025	DECE-002	BLOK-3	Health Care during Intranatal and Postnatal Periods (UNIT-11)	Ritanjali Pradhan
9	14-Oct-2025	DECE-002	BLOK-4	Nutrition during Infancy (UNIT-12)	Ritanjali Pradhan
10	15-Oct-2025	DECE-002	BLOK-4	Nutrition during Early Childhood (UNIT-13)	Ritanjali Pradhan
11	16-Oct-2025	DECE-002	BLOK-4	Health Care of the Child (UNIT-14)	Ritanjali Pradhan
12	17-Oct-2025	DECE-002	BLOCK-5	Major Deficiency Diseases-I: PEM and Xerophthalmia and Major	SushreeTapaswaini Das
e37				Deficiency Diseases-II: Anaemia and Iodine Deficiency Disorders	1
	0.00			(UNIT-15 and UNIT-16)	

13	21-Oct-2025	DECE-002	BLOCK-5	Other Nutritional Disorders and Major Nutrition Programmes for	SushreeTapaswaini Das G
ž.			and LOCK-6	Mother and Child (UNIT-17 and UNIT-18)	The state of the s
14	22-Oct-2025	DECE-002	BLOCK-6	Major Health Programmes for Mother and Child and Assessment of Nutritional Status (UNIT-19 and UNIT-20)	SushreeTapaswaini Das
15.	23-Oct-2025	DECE-002	BLOCK-7	Caring for the Sick Child (UNIT-21)	SushreeTapaswaini Das
16	24-Oct-2025	DECE-002	BLOCK-7	Caring for the Sick Child (UNIT-21)	SushreeTapaswaini Das
17	27-Oct-2025	DECE-002	BLOCK-7	Some Disorders of the Respiratory System (UNIT-23)	SushreeTapaswaini Das
18	28-Oct-2025	DECE-002	BLOCK-7 and BLOK-8	Some Disorders of the Alimentary System and Some Infections of the Mouth and Throat (UNIT-22 and UNIT-24)	SushreeTapaswaini Das
19	29-Oct-2025	DECE-002	BLOK-8	Common Infections of the Skin and Common Problems of the Ears (UNIT-25 and UNIT-26)	SushreeTapaswaini Das
20	30-Oct-2025	DECE-002	BLOK-8	Common Problems of the Eyes (UNIT-27)	SushreeTapaswaini Das
21	31-Oct-2025	DECE-002	BLOK-8	Fevers and Saftey and First Aid (UNIT-28 and UNIT-29)	SushreeTapaswaini Das
	1	1 2.5			

REGIONAL DIRECTOR
डॉ. हम.कं.दाशी DD MCK. Dash
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